



| KEY | PAYG Open | 2-3yrs | 3-5yrs | Pre-School / Beginner | Beginner | Intermediate | Intermediate / Advanced | Advanced | No. of weeks in course | | | | | | | | | |
|-------------------------------|------------|-------------------|-----------|-----------------------|------------|--------------|-------------------------|---|------------------------|-----------|-----------|-----------|-----------|----------|-----------|--------------|-------------------------|--|
| No. | Class Type | Category | Day | Location | Start time | Finish Time | Duration | Age/Ability Description | Cost per class | 1 | 2 | 3 | 4 | 5 | 6 | no. of weeks | HALF a term Course Cost | |
| Recreational Timetable | | | | | | | | | | | | | | | | | | |
| 1 | Gymnastics | Pre-School | Monday | Bushey Grove | 9.45am | 10.30am | 45 | 2-3yrs Parent assisted | £ 9.85 | 1/6/2025 | 1/13/2025 | 1/20/2025 | 1/27/2025 | 2/3/2025 | 2/10/2025 | 6 | £ 59.10 | |
| 2 | Gymnastics | Pre-School | Monday | Bushey Grove | 10.30am | 11.15am | 45 | 3-5yrs Independent | £ 9.85 | 1/6/2025 | 1/13/2025 | 1/20/2025 | 1/27/2025 | 2/3/2025 | 2/10/2025 | 6 | £ 59.10 | |
| 3 | Gymnastics | Recreational | Monday | Bushey Grove | 4pm | 4.45pm | 45 | Pre school & Beginner | £ 9.85 | 1/6/2025 | 1/13/2025 | 1/20/2025 | 1/27/2025 | 2/3/2025 | 2/10/2025 | 6 | £ 59.10 | |
| 4 | Gymnastics | Recreational | Monday | Bushey Grove | 4.45pm | 5.30pm | 45 | Beginner | £ 9.85 | 1/6/2025 | 1/13/2025 | 1/20/2025 | 1/27/2025 | 2/3/2025 | 2/10/2025 | 6 | £ 59.10 | |
| 5 | Gymnastics | Recreational | Monday | Bushey Grove | 5.30pm | 6.30pm | 60 | Intermediate | £ 9.85 | 1/6/2025 | 1/13/2025 | 1/20/2025 | 1/27/2025 | 2/3/2025 | 2/10/2025 | 6 | £ 59.10 | |
| 6 | Gymnastics | Recreational | Monday | Bushey Grove | 6.30pm | 8pm | 90 | Advanced & Senior Squad | £ 12.75 | 1/6/2025 | 1/13/2025 | 1/20/2025 | 1/27/2025 | 2/3/2025 | 2/10/2025 | 6 | £ 76.50 | |
| 7 | Trampoline | Recreational | Tuesday | Bushey Grove | 4pm | 4.45pm | 45 | Beginner Mixed | £ 9.05 | 1/7/2025 | 1/14/2025 | 1/21/2025 | 1/28/2025 | 2/4/2025 | 2/11/2025 | 6 | £ 54.30 | |
| 8 | Trampoline | Recreational | Tuesday | Bushey Grove | 4.45pm | 5.30pm | 45 | Intermediate Mixed | £ 9.05 | 1/7/2025 | 1/14/2025 | 1/21/2025 | 1/28/2025 | 2/4/2025 | 2/11/2025 | 6 | £ 54.30 | |
| 10 | Trampoline | Recreational | Tuesday | Bushey Grove | 7pm | 8pm | 60 | Adults | £ 9.50 | 1/7/2025 | 1/14/2025 | 1/21/2025 | 1/28/2025 | 2/4/2025 | 2/11/2025 | 6 | | |
| 11 | Gymnastics | Recreational | Tuesday | Bushey Grove | 4pm | 4.45pm | 45 | Pre-School & Beginner | £ 9.85 | 1/7/2025 | 1/14/2025 | 1/21/2025 | 1/28/2025 | 2/4/2025 | 2/11/2025 | 6 | £ 59.10 | |
| 12 | Gymnastics | Recreational | Tuesday | Bushey Grove | 4.45pm | 5.45pm | 60 | Beginner/Intermediate | £ 9.85 | 1/7/2025 | 1/14/2025 | 1/21/2025 | 1/28/2025 | 2/4/2025 | 2/11/2025 | 6 | £ 59.10 | |
| 14 | Gymnastics | Recreational | Tuesday | Bushey Grove | 5.45pm | 6.45pm | 60 | Intermediate/Advanced | £ 9.85 | 1/7/2025 | 1/14/2025 | 1/21/2025 | 1/28/2025 | 2/4/2025 | 2/11/2025 | 6 | £ 59.10 | |
| 16 | Trampoline | Recreational | Wednesday | Bushey Grove | 4pm | 4.45pm | 45 | Beginner Mixed | £ 9.05 | 1/8/2025 | 1/15/2025 | 1/22/2025 | 1/29/2025 | 2/5/2025 | 2/12/2025 | 6 | £ 54.30 | |
| 17 | Trampoline | Recreational | Wednesday | Bushey Grove | 4.45pm | 5.30pm | 45 | Intermediate Mixed | £ 9.05 | 1/8/2025 | 1/15/2025 | 1/22/2025 | 1/29/2025 | 2/5/2025 | 2/12/2025 | 6 | £ 54.30 | |
| 19 | Trampoline | Recreational | Wednesday | Bushey Grove | 5.30pm | 6.30pm | 60 | Intermediate / Advanced | £ 9.85 | 1/8/2025 | 1/15/2025 | 1/22/2025 | 1/29/2025 | 2/5/2025 | 2/12/2025 | 6 | £ 59.10 | |
| 21 | Gymnastics | Pre-School | Wednesday | Bushey Grove | 9.30am | 10.15am | 45 | 3-5 years Independent | £ 9.85 | 1/8/2025 | 1/15/2025 | 1/22/2025 | 1/29/2025 | 2/5/2025 | 2/12/2025 | 6 | £ 59.10 | |
| 22 | Gymnastics | Pre-School | Wednesday | Bushey Grove | 10.15am | 11am | 45 | 2-3yrs Parent assisted | £ 9.85 | 1/8/2025 | 1/15/2025 | 1/22/2025 | 1/29/2025 | 2/5/2025 | 2/12/2025 | 6 | £ 59.10 | |
| 23 | Gymnastics | Baby - Pre-School | Wednesday | Bushey Grove | 11am | 12.15pm | 75 | 0-6yrs Open Free Play Session | £ 6.00 | 1/8/2025 | 1/15/2025 | 1/22/2025 | 1/29/2025 | 2/5/2025 | 2/12/2025 | 6 | PAYG | |
| 24 | Gymnastics | Pre-School | Wednesday | Bushey Grove | 1.15pm | 2pm | 45 | 3-5yrs Independent | £ 9.85 | 1/8/2025 | 1/15/2025 | 1/22/2025 | 1/29/2025 | 2/5/2025 | 2/12/2025 | 6 | £ 59.10 | |
| 25 | Gymnastics | Recreational | Wednesday | Bushey Grove | 4.00pm | 4.45pm | 45 | Pre-School & Beginner | £ 9.85 | 1/8/2025 | 1/15/2025 | 1/22/2025 | 1/29/2025 | 2/5/2025 | 2/12/2025 | 6 | £ 59.10 | |
| 26 | Gymnastics | Recreational | Wednesday | Bushey Grove | 4.45pm | 5.45pm | 60 | Beginner | £ 9.85 | 1/8/2025 | 1/15/2025 | 1/22/2025 | 1/29/2025 | 2/5/2025 | 2/12/2025 | 6 | £ 59.10 | |
| 28 | Gymnastics | Recreational | Wednesday | Bushey Grove | 5.45pm | 6.45pm | 60 | Intermediate/Advanced | £ 9.85 | 1/8/2025 | 1/15/2025 | 1/22/2025 | 1/29/2025 | 2/5/2025 | 2/12/2025 | 6 | £ 59.10 | |
| 31 | Trampoline | Recreational | Thursday | Bushey Grove | 4.15pm | 5pm | 45 | Beginner Mixed | £ 9.05 | 1/9/2025 | 1/16/2025 | 1/23/2025 | 1/30/2025 | 2/6/2025 | 2/13/2025 | 6 | £ 54.30 | |
| 32 | Trampoline | Recreational | Thursday | Bushey Grove | 5pm | 5.45pm | 45 | Intermediate Mixed | £ 9.05 | 1/9/2025 | 1/16/2025 | 1/23/2025 | 1/30/2025 | 2/6/2025 | 2/13/2025 | 6 | £ 54.30 | |
| 33 | Trampoline | Recreational | Thursday | Bushey Grove | 5.45pm | 6.45pm | 60 | Intermediate / Advanced | £ 9.85 | 1/9/2025 | 1/16/2025 | 1/23/2025 | 1/30/2025 | 2/6/2025 | 2/13/2025 | 6 | £ 59.10 | |
| 35 | Gymnastics | Pre-School | Friday | Hartspring Centre | 9.15am | 10am | 45 | 3-5yrs Independent | £ 9.85 | 1/10/2025 | 1/17/2025 | 1/24/2025 | 1/31/2025 | 2/7/2025 | 2/14/2025 | 6 | £ 59.10 | |
| 36 | Gymnastics | Pre-School | Friday | Hartspring Centre | 10.05am | 10.50am | 45 | 2-3yrs Parent assisted | £ 9.85 | 1/10/2025 | 1/17/2025 | 1/24/2025 | 1/31/2025 | 2/7/2025 | 2/14/2025 | 6 | £ 59.10 | |
| 37 | Trampoline | Recreational | Saturday | Bushey Grove | 9am | 9.45am | 45 | Pre-School & Beginner | £ 9.05 | 1/11/2025 | 1/18/2025 | 1/25/2025 | 2/1/2025 | 2/8/2025 | 2/15/2025 | 6 | £ 54.30 | |
| 38 | Trampoline | Recreational | Saturday | Bushey Grove | 9.45am | 10.30am | 45 | Beginner/ Intermediate Mixed | £ 9.05 | 1/11/2025 | 1/18/2025 | 1/25/2025 | 2/1/2025 | 2/8/2025 | 2/15/2025 | 6 | £ 54.30 | |
| 39 | Trampoline | Recreational | Saturday | Bushey Grove | 10.30am | 11.30am | 60 | Intermediate | £ 9.85 | 1/11/2025 | 1/18/2025 | 1/25/2025 | 2/1/2025 | 2/8/2025 | 2/15/2025 | 6 | £ 59.10 | |
| 40 | Trampoline | Recreational | Saturday | Bushey Grove | 11.30am | 12.30pm | 60 | Advanced | £ 9.85 | 1/11/2025 | 1/18/2025 | 1/25/2025 | 2/1/2025 | 2/8/2025 | 2/15/2025 | 6 | £ 59.10 | |
| 41 | Gymnastics | Recreational | Saturday | Bushey Grove | 9am | 9.45am | 45 | Pre-School & Beginner | £ 9.85 | 1/11/2025 | 1/18/2025 | 1/25/2025 | 2/1/2025 | 2/8/2025 | 2/15/2025 | 6 | £ 59.10 | |
| 42 | Gymnastics | Recreational | Saturday | Bushey Grove | 9.45am | 10.30am | 45 | Beginner | £ 9.85 | 1/11/2025 | 1/18/2025 | 1/25/2025 | 2/1/2025 | 2/8/2025 | 2/15/2025 | 6 | £ 59.10 | |
| 43 | Gymnastics | Recreational | Saturday | Bushey Grove | 10.30am | 11.30am | 60 | Intermediate | £ 9.85 | 1/11/2025 | 1/18/2025 | 1/25/2025 | 2/1/2025 | 2/8/2025 | 2/15/2025 | 6 | £ 59.10 | |
| 45 | Gymnastics | Recreational | Saturday | Bushey Grove | 11.30am | 12.45pm | 75 | Advanced | £ 10.75 | 1/11/2025 | 1/18/2025 | 1/25/2025 | 2/1/2025 | 2/8/2025 | 2/15/2025 | 6 | £ 64.50 | |
| Squad Timetable | | | | | | | | | | | | | | | | | | |
| 9 | Trampoline | Squad | Tuesday | Bushey Grove | 5.30pm | 7pm | 90 | Invite Only | £ 12.75 | 1/7/2025 | 1/14/2025 | 1/21/2025 | 1/28/2025 | 2/4/2025 | 2/11/2025 | 6 | £ 76.50 | |
| 13 | Gymnastics | Squad | Tuesday | Bushey Grove | 4.45pm | 5.45pm | 60 | Gem Squad | £ 9.85 | 1/7/2025 | 1/14/2025 | 1/21/2025 | 1/28/2025 | 2/4/2025 | 2/11/2025 | 6 | £ 59.10 | |
| 15 | Gymnastics | Squad | Tuesday | Bushey Grove | 5.45pm | 7.45pm | 120 | Sparkle Squad & Glitter/Junior Squad | £ 12.75 | 1/7/2025 | 1/14/2025 | 1/21/2025 | 1/28/2025 | 2/4/2025 | 2/11/2025 | 6 | £ 76.50 | |
| 18 | Trampoline | Squad | Wednesday | Bushey Grove | 4pm | 5.30pm | 90 | Junior Development Invite Only | £ 12.75 | 1/8/2025 | 1/15/2025 | 1/22/2025 | 1/29/2025 | 2/5/2025 | 2/12/2025 | 6 | £ 76.50 | |
| 20 | Trampoline | Squad | Wednesday | Bushey Grove | 6.30pm | 7.45pm | 75 | Squad Invite only | £ 11.75 | 1/8/2025 | 1/15/2025 | 1/22/2025 | 1/29/2025 | 2/5/2025 | 2/12/2025 | 6 | £ 70.50 | |
| 27 | Gymnastics | Squad | Wednesday | Bushey Grove | 4.45pm | 5.45pm | 60 | Diamond Squad | £ 9.85 | 1/8/2025 | 1/15/2025 | 1/22/2025 | 1/29/2025 | 2/5/2025 | 2/12/2025 | 6 | £ 59.10 | |
| 29 | Gymnastics | Squad | Wednesday | Bushey Grove | 5.45pm | 7.45pm | 120 | Sparkle Squad & Glitter/Junior Squad | £ 12.75 | 1/8/2025 | 1/15/2025 | 1/22/2025 | 1/29/2025 | 2/5/2025 | 2/12/2025 | 6 | £ 76.50 | |
| 30 | DMT | Squad | Thursday | Bushey Grove | 4.15pm | 5.45pm | 90 | Invite Only - (Fee based on training hours) | | 1/9/2025 | 1/16/2025 | 1/23/2025 | 1/30/2025 | 2/6/2025 | 2/13/2025 | 6 | Various | |
| 34 | Trampoline | Squad | Thursday | Bushey Grove | 6.45pm | 7.45pm | 60 | Invite Only | £ 9.85 | 1/9/2025 | 1/16/2025 | 1/23/2025 | 1/30/2025 | 2/6/2025 | 2/13/2025 | 6 | £ 59.10 | |
| 44 | Gymnastics | Squad | Saturday | Bushey Grove | 10.30am | 11.30am | 60 | Gem Squad & Diamond Squad | £ 9.85 | 1/11/2025 | 1/18/2025 | 1/25/2025 | 2/1/2025 | 2/8/2025 | 2/15/2025 | 6 | £ 59.10 | |

Please note some January Squad classes are not shown as they are currently under review and will be updated accordingly in December 2024